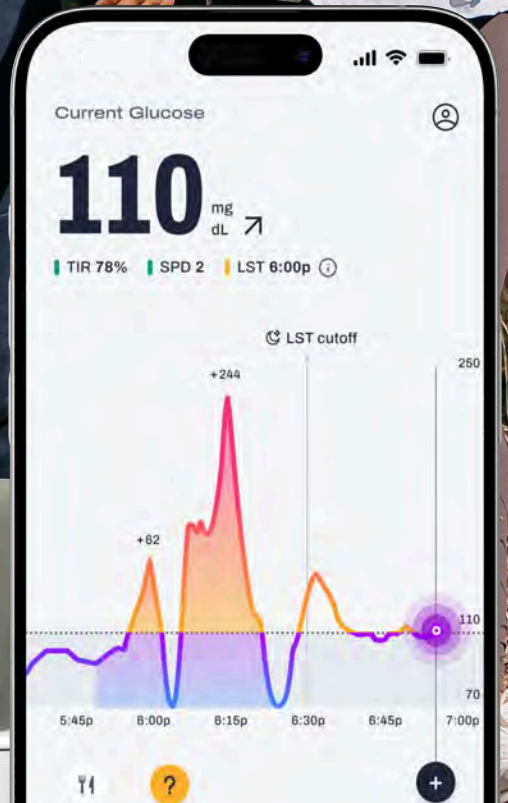




# Real-Time Population Health Data Guide

Track Outcomes  
as They Happen



# Introduction



## See Results Before Claims Data Arrives

Traditional benefits programs leave employers waiting 12–18 months to know if their investment is working. By then, the damage is done—and the costs are locked in.

**Signos changes everything.** With real-time population health data, employers can track adoption, engagement, and outcomes as they happen—not quarters later.

## The Problem with Traditional Reporting

Most wellness programs report participation rates and satisfaction scores. But these lagging indicators don't tell you whether employees are actually getting healthier—or whether your investment is paying off. By the time claims data arrives, you've already spent the budget and missed the window to course-correct.

Signos provides leading indicators of success: daily engagement, behavior change metrics, and population-level glucose trends that predict long-term outcomes.

## What this guide covers



### REAL TIME VISIBILITY

Monitor adoption and engagement instantly.



### POPULATION INSIGHTS

Track outcomes across your entire workforce.



### PROVE VALUE FAST

Demonstrate ROI without waiting for claims.



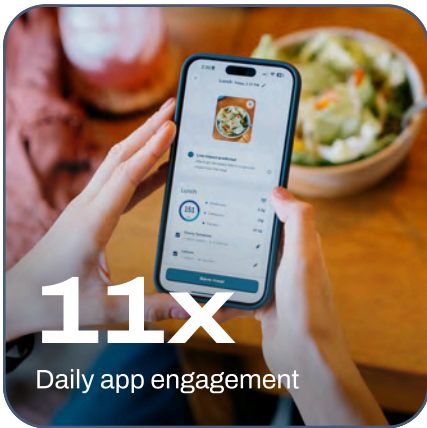
# Program Overview



## The Data Employers Have Been Missing

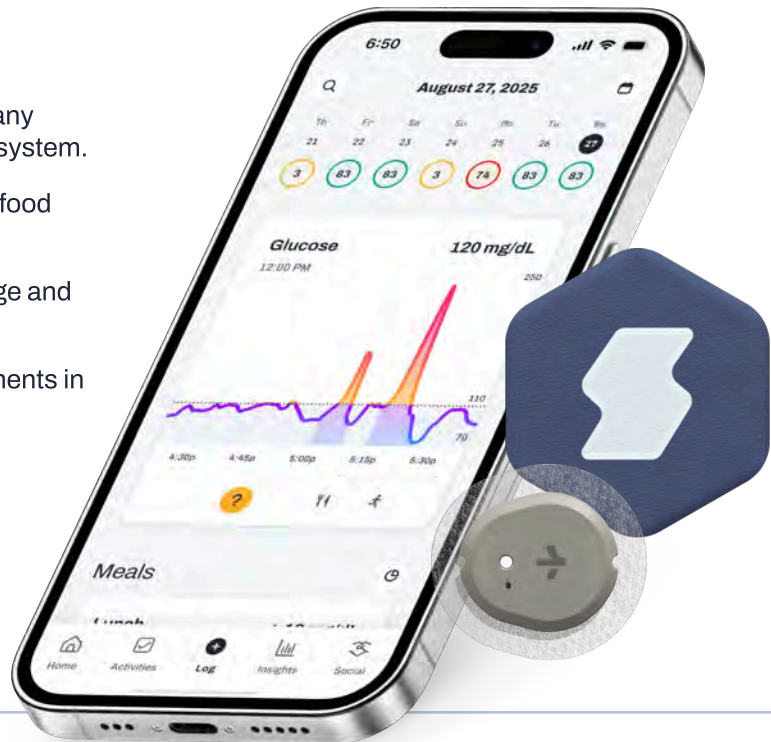
**Signos reports what actually matters:** whether employees are getting healthier and how that impacts your bottom line. Our employer dashboard delivers actionable insights from day one.

### Key Metrics at a Glance



### What You Can Track

- Enrollment & Activation:** See how many employees sign up and start using the system.
- Daily Engagement:** Track app opens, food logs, and activity completion rates.
- Glucose Metrics:** Monitor time-in-range and spike frequency across populations.
- Behavior Change:** Measure improvements in food choices and activity levels.
- Program Adherence:** Identify at-risk participants before they disengage.
- Cohort Comparisons:** Compare outcomes across departments, locations, or demographics.



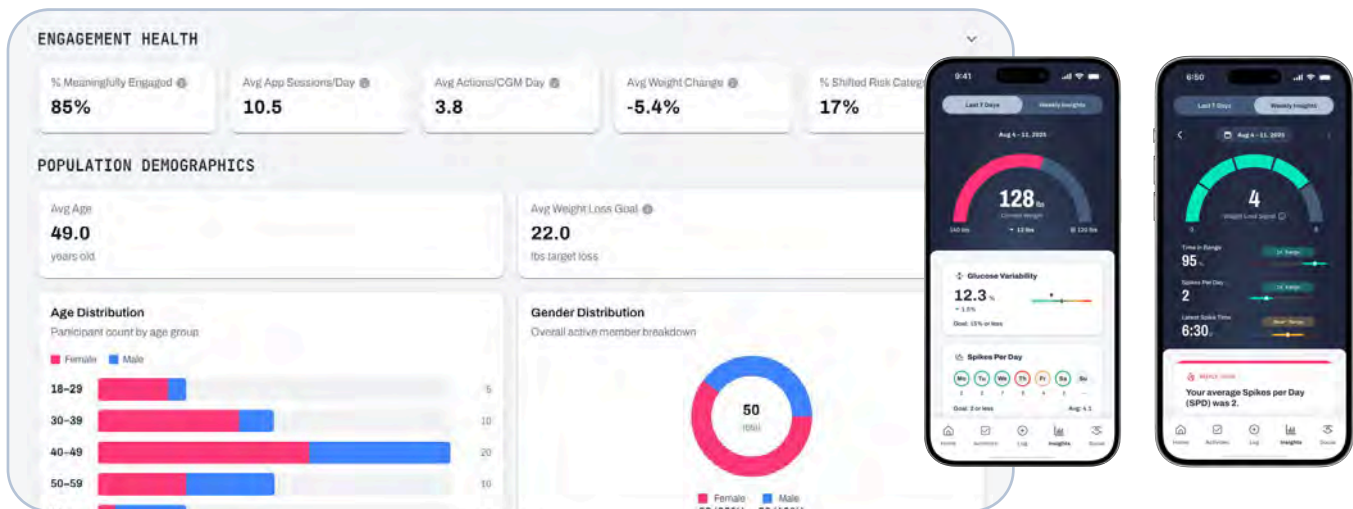
# The Employer Dashboard



## Data That Drives Decisions

The Signos employer dashboard puts actionable insights at your fingertips—no data science degree required. See exactly what's working, what isn't, and where to focus next.

## Dashboard Features



### Population Health Scores

Aggregate metabolic health metrics across your entire enrolled population with trends over time. See how your workforce's metabolic health is improving week over week.

### Engagement Analytics

Daily, weekly, and monthly engagement rates with breakdown by employee segment. Identify which groups are most engaged and where additional support may be needed.

### Outcome Tracking

Real-time progress toward health goals including glucose stability, time-in-range improvements, and behavior change metrics.

### Savings Projections

See estimated Net Savings across your population compared to GLP-1 costs, based on actual program data and engagement metrics. Understand value creation as it happens.



## No More Waiting for Claims

Traditional wellness programs take 12–18 months to show results in claims data. With Signos, you see leading indicators of success in weeks—not years. High engagement (11x daily app usage) and improving glucose metrics predict the long-term outcomes that will eventually show up in your claims.

# Return on Investment



## Prove Value Without Waiting for Claims

With real-time data, you don't have to wait 18 months to know if your metabolic health investment is working. Signos shows you exactly where value is being created.



### Lower Drug Spend Through Behavior Change

Through structured behavior change and habit-building that may decrease reliance on full-dose GLP-1s, extend time between injections and ultimately phase them out for many members



### Sustain Results After GLP-1 Graduation

By providing sustained behavior change support, Signos may help protect the weight-loss investment and preserve clinical gains already paid for when employees stop GLP-1s.



### Boosts Metabolic Outcomes at Lower Cost

Helps avoid expensive pharmacotherapy with sustainable lifestyle behaviors backed by real-time data, reducing downstream expenses tied to diabetes progression, hypertension, and obesity-related complications.

## How Employers Track Value Creation

- Engagement Leading Indicators:** High engagement (11x daily) predicts long-term success—see it immediately.
- Behavior Change Metrics:** Track food logging, activity, and glucose improvements in real-time.
- Population Health Trends:** Monitor aggregate metabolic scores and identify improvement trajectories.
- Cost Avoidance Modeling:** Project savings based on actual behavior change vs. hypothetical claims.

## Key Cost Driver

**\$1,861 ADDITIONAL COST PER OBESE EMPLOYEE PER YEAR.**  
Real-time data helps you intervene before these costs become inevitable.

# What's Next?



## Ready to see your population health data in real time?

Let us show you how Signos delivers actionable insights from day one—no waiting for claims data required.

### CONTACT US

Schedule a demo to see the platform in action and discuss your organization's needs. We can also provide a personalized ROI analysis based on your population.



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### ADDITIONAL RESOURCES:

- GLP-1 Graduation Program Guide
- Enterprise Employer Information
- Request a personalized ROI analysis for your organization

